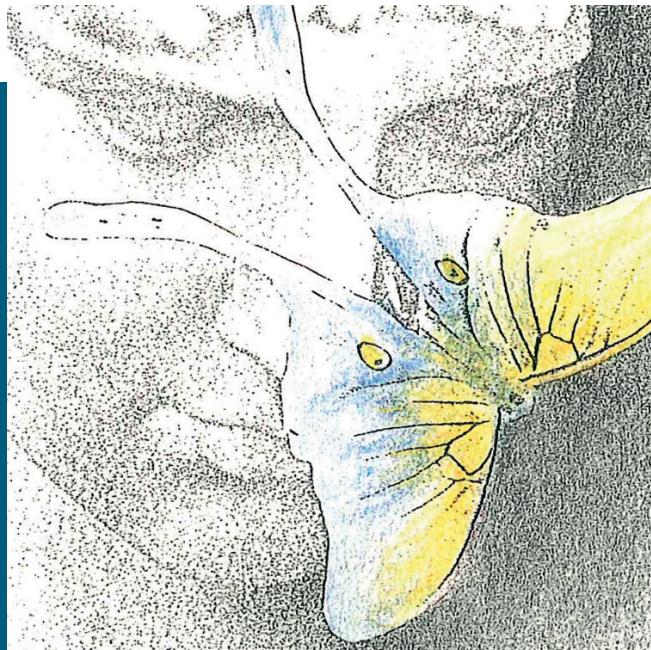


Preliminary Scientific Program



Stresa Headache 2019

INTERNATIONAL MULTIDISCIPLINARY SEMINAR

23-25 May 2019
Regina Palace Hotel, Stresa (VCO)

PATRONAGE REQUESTED

Italian Minister of Health

ANIRCEF - Italian Neurological Association for Headache Research

FICEF Onlus - Italian Headache Foundation (charity)

C. Besta Neurological Institute and Foundation

SIN - Italian Neurological Society

SNO - Society of Hospital Neurologists

IHS - International Headache Society

PRESIDENT OF THE CONGRESS

Gennaro Bussone (Milan)

SCIENTIFIC COMMITTEE

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Alan M. Rapoport (Los Angeles, USA)

SCIENTIFIC SECRETARIAT

Marcella Curone (Milan)

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Vincenzo Tullo (Milan)

E-mail: stresa2019@asc-scuolacefalee.it

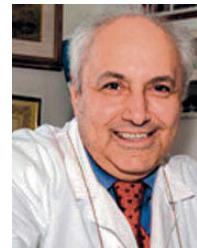
INTRODUCTION

Let me introduce this International Multidisciplinary Seminar, Stresa Headache 2019, with some considerations about this illness that I have been studying for so many years. I was always impressed by the utterly subjective character of headaches. Patients, in fact, describe the symptoms, but these are often poorly objective and, as such, fall within the sphere of subjectivity: they call for a relation with a physician, a physician that has the ability to listen and to interpret the language of symptoms. Subjectivity is thus crucial and its value should be recognized, because it may bring to the surface those mysterious functional disorders that can hardly be evaluated in objective terms.

However, because of this essential characteristic of subjectivity, it has been impossible so far to pin down causes for primary headaches: we have not found the hoped-for *primum movens* and it is increasingly clear that a headache condition may have several contributing causes: some are secondary to other conditions, others are disorders as such, diagnosis and treatment are often challenging. The field of headache research enjoyed a stimulating scientific momentum over the past few years, with important advances in the understanding of headache pathophysiology and major developments in pharmacotherapy. This Seminar is intended to focus on current clinical research and treatment for primary and secondary headaches.

This will include social aspects of headache conditions, the pathophysiology of primary

headaches – with an emphasis on the latest neurophysiological and neurochemical findings – and recent theories on the chronicization of migraine. Recent functional neuroimaging findings, pertaining to adult migraine, adolescent migraine and cluster headache, will also be presented. Other lectures will explore the classification of chronic headaches, the diagnosis and treatment of adolescent migraine, relations between migraine with aura and acute cerebrovascular conditions, and headache in women. Other speakers will discuss headaches related to benign idiopathic hypertension without papilledema and visual disorders. Joining forces with other disciplines will provide exciting new opportunities for advancing the field of headache medicine. My optimism is also based on advances in the basic and clinical science of headache and some highly promising new approaches to headache therapy on the horizon. I trust that this Seminar, like previous meetings, will provide an important updating opportunity to all participants. I take this opportunity to thank all those that contributed, particularly Eva Communication for their unflagging organizational effort.



A handwritten signature in black ink, appearing to read "Gennaro Bussone".

Gennaro Bussone

Thursday, May 23, 2019

13:00-15:00 Registration

15:00-15:05 Welcome honoured guests

15:05-15:15 President's welcome
G. Bussone

15:15-15:45 **KEY LECTURE**

Behavioral and Psychological Aspects of Cluster Headache:

An Overview

F. Andrasik

Introduced by **L. Grazzi**

SESSION I **Epidemiology of headache**

Chairs: V. Bonavita - F.A. de Falco

15:45-16:05 Cluster headache in relation to different age groups

G.C. Manzoni

16:05-16:25 The importance of the Community pharmacist in assessing self-medication in headaches

P. Brusa

16:25-16:30 *Discussion*

16:30-17:00 **KEY LECTURE**

Epidemiology and easy to apply management of medication-overuse headache

M.B. Russell

Introduced by **M. Leone**

SESSION **Brief Communications**

Chairs: D. D'Amico - D. Zarcone

17:00-18:30 Brief Communications

Friday, May 24, 2019

SESSION POSTERS

Chairs: M. Curone - F.d'Onofrio - P. Di Fiore

8:20-9:00 Viewing and discussion of posters

KEY LECTURE

Chronic Migraine and Medication Overuse: which strategies for a complex scenario

L. Grazzi

Introduced by **G. Bussone**

With the unconditional support of Teva

SESSION II

Neurobiology of headache

Chairs: G. Bussone - A.M. Rapoport

9:30-9:50 When does the brain choose pain?

F. Frediani

9:50-10:10 Does the migraine attack start in the cortex and the cortex is critical in the migraine process?

P. Barbanti

10:10-10:30 The role of neurotransmitters and neuromodulators in the pathogenesis of cluster headache: a review

G. D'Andrea

10:30-10:45 *Discussion*

10:45-11:00 *Coffee break*

SESSION III

Neuroimaging

Chairs: M. Aguggia - L. Fariselli

11:00-11:20 The contribution of neuroimaging in the study of the headache cluster: overview and new data

L. Chiapparini

- 11:20-11:40 The contribution of neuroimaging in the study of migraine: overview and new data
B. Colombo
- 11:40-11:50 *Discussion*

SESSION IV

Headache and Idiopathic Intracranial Hypertension

Chairs: F. Frediani - A. Padovani

- 11:50-12:10 Headache attributed to IIH: clinical evolution in IHS Criteria through the years
M. Curone
- 12:10-12:30 Dural sinus collapsibility, Idiopathic Intracranial Hypertension and the pathogenesis of Chronic Migraine
R. De Simone
- 12:30-12:50 Isolated CSF hypertension in chronic headache: diagnostic and therapeutic innovations
F. Bono
- 12:50-13:00 *Discussion*
- 13:00-13:30 **KEY LECTURE**
Translation of CGRP from basic science to new migraine therapy
L. Edvinsson
Introduced by **A.M. Rapoport**

- 13:30-14:30 *Lunch*

SESSION V

Clinical aspects of headaches - Part I

Chairs: I. Appollonio - F. Perini

- 14:30-14:50 Migraine during pregnancy and puerperium
G.B. Allais

14:50-15:10 Migraine in Childhood: an organic, biobehavioural or psychosomatic disorder?
V. Guidetti

15:10-15:30 The role of electrophysiological investigations of masticatory muscles in patients with persistent idiopathic facial pain
H. Didier - F. Gaffuri

15:30-15:45 *Discussion*

15:45-16:15 **KEY LECTURE**
CGRP and headache
S. Tepper
Introduced by **D. D'Amico**

SESSION VI

Clinical aspects of headaches - Part II

Chairs: C. Finocchi - F. Vernieri

16:15-16:35 Sleep disorders related headache
L. Ferini Strambi

16:35-16:55 Unilateral recurrent periorbital pain: the role of the neuro-ophthalmologist
S. Bianchi Marzoli

16:55-17:00 *Discussion*

17:00-17:20 *Coffe break*

17:20-17:50 **KEY LECTURE**
Erenumab: from scientific evidence to clinical practice
P. Barbanti
Introduced by **G. Bussone**
With the unconditional support of Novartis

SESSION

Brief Communications

Chairs: G. Casucci - P. Querzani

17:50-18:30 Brief Communications

Saturday, May 25, 2019

SESSION VII New therapeutic perspectives - Part I

Chairs: G. Bussone - G. D'Andrea

- 9:00-9:20 International clinical collaboration in headache medicine:
visiting scholars program
P. Rizzoli
Introduced by **L. Grazzi**
- 9:20-9:40 Anti-CGRP in cluster headache therapy
M. Leone
- 9:40-10:00 Cluster headache: a cross point between otologist
and neurologist
G. Felisati
- 10:00-10:15 *Discussion*
- 10:15-10:45 **ANIRCEF President's Lecture**
Leading symptoms in cerebrovascular disease:
what about headache?
E. Agostoni
Introduced by **F. Frediani**

SESSION VIII New therapeutic perspectives - Part II

Chairs: G.C. Manzoni - A. Salmaggi

- 10:45-11:05 The role of neuroradiotherapy in the treatment of
trigeminal neuralgia and craniofacial pain
L. Fariselli
- 11:05-11:25 Neurosurgical indications in cranio-facial
painful syndromes
A. Franzini
- 11:25-11:30 *Discussion*

- 11:30-12:00 **KEY LECTURE**
Update on Electrical Stimulation and Devices for Migraine
and Cluster Headache
A.M. Rapoport
Introduced by **G. Bussone**
- 12:00-12:15 Best communication and best poster awards
- 12:15-12.30 Conclusions
G. Bussone

SPEAKERS and CHAIRS

ELIO AGOSTONI

Head, Neurology and Stroke Unit,
Niguarda Cà Granda Hospital, Milan,
Italy

MARCO AGUGGIA

Director, Neurology Unit, Cardinal
Massaia Hospital, Asti, Italy

Giovanni B. ALLAIS

Head, Women's Headache Centre,
Department of Surgical Sciences,
University of Turin, Italy

FRANK ANDRASIK

Distinguished Professor and Chair,
Psychology Department, University
of Memphis, TN, USA

ILDELBRANDO APPOLLONIO

Associate Professor of Neurology,
Department of Medicine and Surgery,
University of Milan-Bicocca, Italy

PIERO BARBANTI

Director, Headache and Pain Unit,
Department of Neurological, Motor
and Sensorial Sciences, University
and IRCCS San Raffaele, Rome, Italy

STEFANIA BIANCHI MARZOLI

Chief, Neuro-Ophthalmology
Service and Electrophysiology Lab.
Department of Ophthalmology
IRCCS Istituto Auxologico Italiano,
Milan, Italy

VINCENZO BONAVITA

Professor Emeritus of Neurology,
Faculty of Medicine and Surgery,
Federico II University, Naples, Italy

FRANCESCO BONO

Head, Center for Headache and
Intracranial Pressure Disorders,
Mater Domini University Hospital,
Catanzaro, Italy

PAOLA BRUSA

Pharmaceutical Legislation,
Socioeconomics and Technology,
Department of Drug Science and
Technology, University of Turin, Italy

GENNARO BUSSONE

Founder The Center for Headaches
and Primary Emeritus of the C. Besta
Neurological Institute IRCCS
Foundation, Milan, Italy

GERARDO CASUCCI

Head, General Medicine Unit,
Neurology and Clinical
Neurophysiology Service,
S. Francesco Hospital, Telesio Terme
(BN), Italy

LUISA CHIAPPARINI

Senior Neuroradiologist, C. Besta
Neurological Institute and IRCCS
Foundation, Milan, Italy

BRUNO COLOMBO

Head, Headache Centre,
Department of Neurology, San
Raffaele Hospital, University
Vita-Salute, Milan, Italy

MARCELLA CURONE

Neurologist, Igea Healthcare
Institute and Chiari Neurosurgery III
Special Outpatient Clinic, C. Besta
Neurological Institute and IRCCS
Foundation, Milan, Italy

DOMENICO D'AMICO

Senior Neurologist, Headache Unit,
C. Besta Neurological Institute and
IRCCS Foundation, Milan, Italy

GIOVANNI D'ANDREA

Head, Laboratory for Headache
Research and Innovation, Città della
Speranza, Padova, Italy

FABRIZIO A. DE FALCO

Director, Neurology Unit, Loreto
Nuovo Hospital, Local Health Unit
NA 1, Naples, Italy

ROBERTO DE SIMONE

Head, Headache Centre,
Department of Neurological
Sciences, Federico II University,
Naples, Italy

HENRI DIDIER

Dentist, Dentistry and Maxillofacial
Surgeon, IRCCS Foundation Ca'
Granda - Ospedale Maggiore
Policlinico, Milan, Italy

PAOLA DI FIORE

Neurologist, Headache Centre,
Neurology and Stroke Unit, S. Carlo
Borromeo Hospital, ASST Santi
Paolo e Carlo, Milan, Italy

FLORINDO D'ONOFRIO

Senior Neurologist, Neurology Unit
and Head of Headache Centre,
Moscati Hospital, Avellino, Italy

LARS EDVINSSON

President IHS, Professor, Medicine,
Department of Clinical Sciences,
Lund, Sweden

LAURA FARISELLI

Head, Neuroradiotherapy, C. Besta
Neurological Institute and IRCCS
Foundation, Milan, Italy

GIOVANNI FELISATI

Full Professor of
Otorhinolaryngology, clinical director
of Otorhinolaryngology, Polo San
Paolo, University of Studies, Milan

LUIGI FERINI STRAMBI

Full Professor of Neurology, Chair,
Dept. of Neurology OSR-Turro
Director, Sleep Disorders Center
Università Vita-Salute San Raffaele,
Milan, Italy

CINZIA FINOCCHI

Senior Neurologist, Headache
Centre, Department of Neurological
Sciences, Ophthalmology, Genetics
and Mother-Child Sciences,
University of Genoa, Italy

ANGELO FRANZINI

Head, Neurosurgery III, C. Besta
Neurological Institute and IRCCS
Foundation, Milan, Italy

FABIO FREDIANI

Director Headache Centre,
Neurology and Stroke Unit, S. Carlo
Borromeo Hospital, ASST Santi
Paolo e Carlo, Milan, Italy

FRANCESCA GAFFURI

Doctor Dental Science, IRCCS
Foundation Ca' Granda - Ospedale
Maggiore Policlinico, Milan, Italy

LICIA GRAZZI

Senior Neurologist, Headache Unit,
C. Besta Neurological Institute and
IRCCS Foundation, Milan, Italy

VINCENZO GUIDETTI

Professor of Child and Adolescent
Neuropsychiatry, Director of
Postgraduate School in Child and
Adolescent Neuropsychiatry, Rome,
Italy

MASSIMO LEONE

Senior Neurologist, Headache Unit,
C. Besta Neurological Institute and
IRCCS Foundation, Milan, Italy

GIAN CAMILLO MANZONI

Professor of Neurology, University
of Parma, Italy

ALESSANDRO PADOVANI

Professor of Neurology, Neurologic
Clinical, University of Brescia, Italy

FRANCESCO PERINI

Director of Neurology and Stroke
Unit, St. Bortolo Hospital, Vicenza,
Italy

PIETRO QUERZANI

Senior Physician, Neurology
Operating Unit, Local Health Unit,
Ravenna, Italy

ALAN M. RAPOORT

Clinical Professor of Neurology,
The David Geffen School of
Medicine, UCLA, Los Angeles, USA

PAUL B. RIZZOLI

Assistant Professor of Neurology,
Harvard Medical School, Clinical
Director, Fellowship Director, John
R. Graham Headache Center,
Faulkner Hospital, Boston, USA

MICHAEL B. RUSSELL

Professor of Neurology and
consultant neurologist, Akershus
University Hospital and Oslo
University, Norway

ANDREA SALMAGGI

Head, Neurology and Stroke Unit,
A. Manzoni Hospital - ASST Lecco,
Italy

STEWART TEPPER

Professor of Neurology, Geisel
School of Medicine at Dartmouth,
Hanover, New Hampshire, USA;
Director, Dartmouth Headache
Clinic Department of Neurology,
Lebanon, New Hampshire, USA

FABRIZIO VERNIERI

Associate Professor in Neurology,
Campus Bio-Medico University,
Rome; Head of UOS Headache and
Neurosonology, Polyclinic Campus
Bio-Medico, Rome

DAVIDE ZARCONE

Head, Neurology and Stroke Unit,
ASST Valle Olona, Gallarate and
Busto Arsizio (VA), Italy

SCIENTIFIC INFORMATION

Official language of the Congress

Simultaneous Italian-English/English-Italian translation, as appropriate, will always be available

ECM

As provided for by the Italian Ministry of Health in relation to the Italian National Continuing Medical Education Program, the Congress gives CME credits to Physicians, Pharmacists, Psychologists, and Dentists.

CME accreditation for the Congress has been requested by the Provider “Associazione per una Scuola delle Cefalee” (ASC – Provider Code: 619)

Abstracts

Abstract forms can be downloaded from www.anircef.it and from www.evacomunication.it.

Abstracts shall be in English, submitted through the abstract form, and compliant with the instructions contained in the website.

Abstracts shall be received by the Scientific Secretariat via e-mail (stresa2019@asc-scuolacefalee.it) by and not later than **January 15, 2019**.

The Scientific Secretariat shall notify to the authors whether their Abstracts have been accepted by January 25, 2019.

Brief communications

Brief communications, in English only, will be published as **short paper** in the Proceedings of the Seminar, in *Neurological Sciences*, and in the Official Journal of the Italian Neurological Society.

Posters

Abstracts of the accepted posters **will not be** published in the Proceedings of the Seminar.

Prizes

Prizes for the best brief communication and best poster, as judged by the Scientific Committee, will be awarded during a ceremony at the end of the proceedings. The authors should be on site to receive their award – otherwise the prize will be awarded to the runner-up.

GENERAL INFORMATION

Scientific Secretariat

E-mail: stresa2019@asc-scuolacefalee.it

Organizing Secretariat

EVA Communication Srl

Via R.R. Pereira 151/D

00136 Roma

Tel. +39 06 6861 549 Fax: +39 06 6839 2125

E-mail: info@evacomunication.it; asc@evacomunication.it

www.evacomunication.it; www.anircef.it



Congress Venue

Regina Palace Hotel

CORSO UMBERTO I 33,

28838 Stresa (VCO), Italy

Tel. +39 0323 936 936

E-mail: sales@regina-palace.it

www.regina-palace.it

Press Office

Cesare Peccarisi

Mobile +39 338 9396435

E-mail: peccarisi@libero.it

Accommodation

The Organizing Secretariat will be happy to provide information on hotels in Stresa.

Special rates are available at the REGINA PALACE HOTEL,
the congress venue.

For hotel reservations at the Regina Palace Hotel please download the specific booking form from www.anircef.it or www.evacomunication.it.

Seminar fees and how to register

Fees (incl. 22% VAT)	Registration by 15/4/2019	Registration by 10/5/2019	On-site
Normal	€ 500,00	€ 600,00	€ 650,00
Young doctor*	€ 250,00	€ 300,00	€ 350,00
<i>* Please attach certification. Note: Does not include the social dinner</i>			
Sponsor	€ 250,00	€ 250,00	€ 300,00
Social Dinner (24/5)	€ 100,00	€ 100,00	€ 100,00

The Registration Form can be downloaded from www.anircef.it and from www.evacomunication.it

For registration please send the duly filled registration form with the attached payment receipt to the Organizing Secretariat
 EVA Communication S.r.l., Via R.R. Pereira 151/D - 00136 Rome,
 Tel. +39 06 6861549, Fax +39 06 68392125, Email: info@evacomunication.it
 NOTE: Preregistrations shall be accepted until **May 15, 2019**.
 After such date registration will only be possible at the congress venue.

The registration fee shall include:

- Certificate of attendance
- The Seminar Proceedings (Neurological Sciences Supplement)
- The Congress kit
- Lunch (Friday, May 24)
- Social Dinner (Friday, May 24)*
- Coffee breaks

** Not included in the registration fees for Young doctors and Sponsors*

How to pay

- Check, made out to EVA Communication Srl sent to:
 Via R.R. Pereira 151/D, 00136 Roma
- Payment by bank draft in favour of EVA Communication Srl.
 The draft shall be directed to Banca Intermobiliare Investimenti e Gestioni SpA, Rome Branch Office
IBAN IT 15 I 03043 03200 0045 7000 4162

Penalty

For cancellations 60 days or more before the start of the Seminar, the entire fee shall be reimbursed minus any bank charges.

For cancellations less than 60 but more than 30 days before the start of the Seminar, an administrative fee of 25% shall be deducted from reimbursement.

For cancellations less than 30 days before the start of the Seminar, no reimbursement shall be made.

